

Why do I record with CamStudio?

- I did a search to find a free recording program and I found CamStudio. I decided to download it and try it and it works well. When CamStudio records and it is finished, it saves as a AVI Video.**
- The reason why I record with CamStudio is to record programs. I do that to add programs Videos for my Tutorials and for some of my on-line training in my Website. I typically edit the CamStudio AVI Video with Movie Maker and save the Video to a different Video file. Next is the other reasons I record.**

- **Most of my on-line training has PDF files that I create with Microsoft PowerPoint. The other reason why I record a program with CamStudio, like PicPick is I can play the CamStudio AVI Video and pause and then Screen Capture a Picture to add to PowerPoint. Note – I also did that for my CamStudio on-line training.**
- **The last reason is I record some Videos in websites with CamStudio, so I can edit them with Movie Maker to add the Video to Smilebox, which is a free Program that you can send Ecards to Friends or Family.**